



Lake Austin
SPA RESORT



WELCOME

Welcome.







Meet Lake Austin Spa Resort.



Artisan-crafted wrought iron gates open.
And your heart does the same.
Organic gardens spill over their
terraced banks, delighting the senses
with fragrant blooms of red, yellow,
orange and blue and foliage in every
shade of green. Hillsides, towering
trees and restful waters lie beyond.

Feel the warm embrace of an
environment dedicated to the
rejuvenation of your body and mind.
Welcome to Lake Austin Spa Resort.



Honored as the first Destination Spa on the *Condé Nast Traveler's* Platinum Circle for achieving five consecutive years on the annual Gold List.

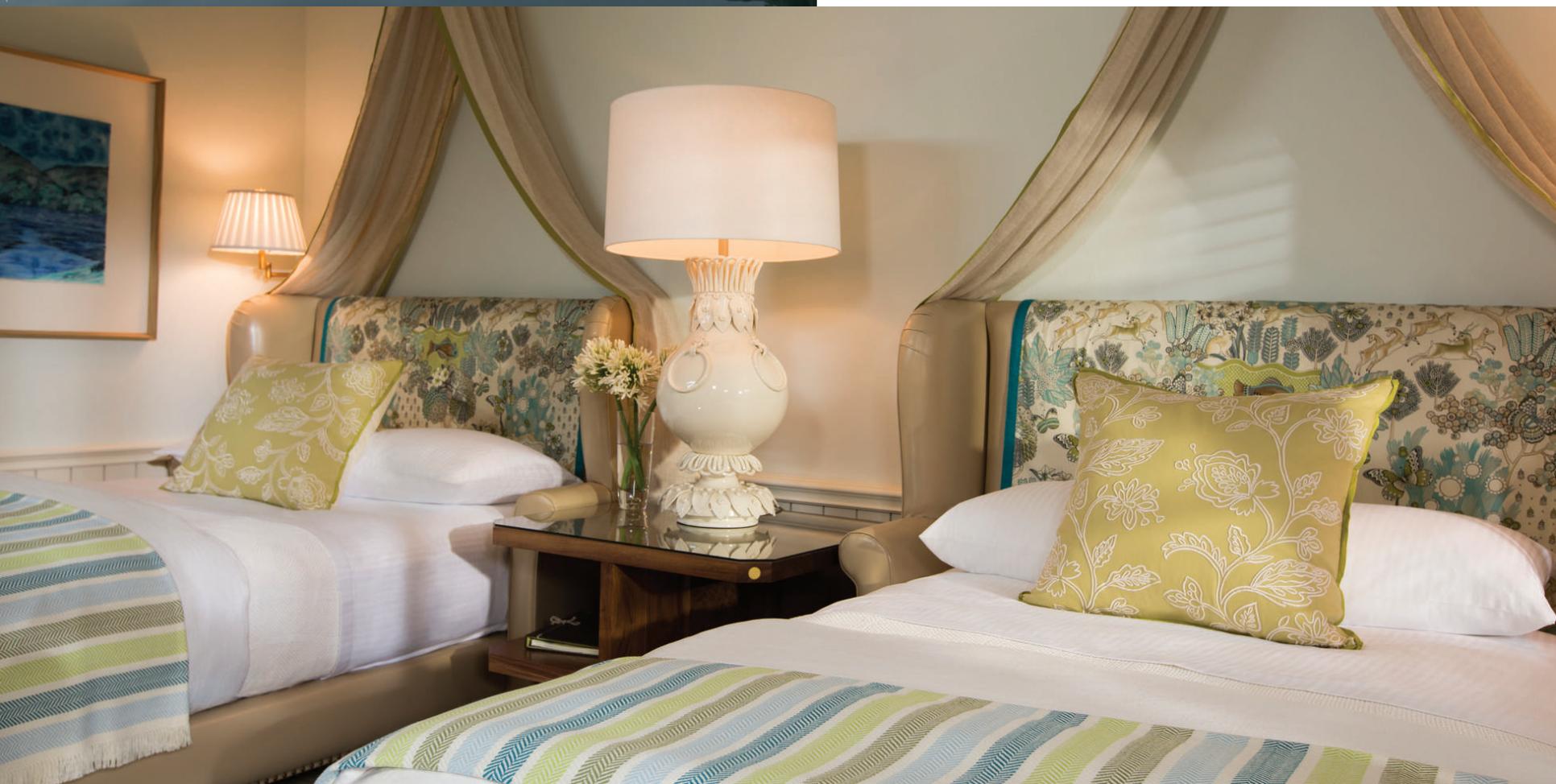


Where as
you wish
meets come
as you are.



At Lake Austin Spa Resort, your time is your own. There are no rigid schedules, so you're free to enjoy your surroundings and do as much or as little as you like. During your stay, you'll be treated to gracious accommodations, world-class spa services, deliciously healthy cuisine and unlimited fitness classes, activities and discovery programs, all enhanced by our natural setting on serene, constant-level Lake Austin.

Photo shown of Luxury LakeView Room.



Hidden along the shores of Lake Austin, Lake Austin Spa Resort is an exquisite escape into natural beauty and personal discovery. Our intimate size—just 40 guestrooms in all—allows us to fulfill our ongoing commitment to our guests: to provide rest and renewal and a healthful rejuvenation for the mind, body and spirit.

With a staff of more than 250 to care for our guests, Lake Austin Spa Resort is able to respond to your every need. Refined simplicity is at the heart of the Lake Austin Spa Resort experience. Casually elegant guestrooms and social areas welcome you with the warmth of a best friend's lake house, helping you feel at ease from the moment you arrive.



Where peace meets
exhilarating rejuvenation.



Where activity meets time for quiet reflection.

Whether you've come to Lake Austin Spa Resort to relax, achieve new fitness goals, learn new skills that will bring balance and harmony to your everyday life, or just to have fun, our activities staff can help you design a fulfilling and rewarding program to enhance your well-being.

Enjoy a cruise on our private boat along beautiful Lake Austin. Try Group Cycle for an energizing workout. Or discover the rejuvenating properties of essential oils in an aromatherapy workshop. Whatever

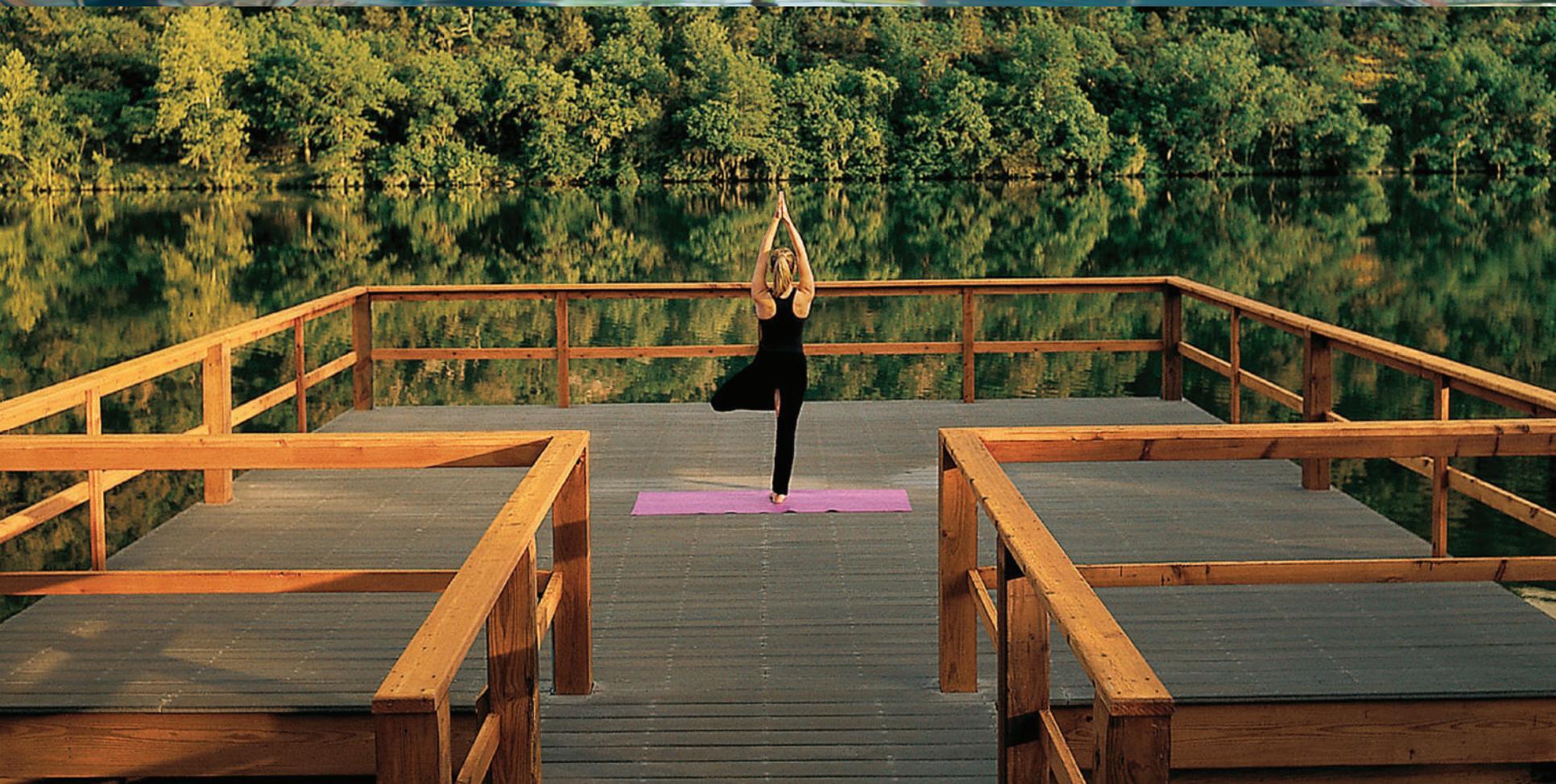
your goal, we can design a program to enhance your life.

Activities

Our daily activities schedule includes an abundance of classes in fitness, strength, flexibility, balance, special interests, relationships and arts and crafts.

Is fitness on your mind? Our training center overlooks the lake and features the latest cardio and weight training equipment. Traditional and cutting-edge fitness classes offered in our training room and adjoining studios will challenge all levels. Classes include circuit weights, stability ball, core conditioning, cross training and much more.

We can also help you unite body and mind through meditation, yoga, Tai Chi, Nia and Pilates. Classes are offered both in our fitness studios and on our Yoga Deck suspended over the peaceful waters of Lake Austin.



For nature lovers, we offer scenic creek hikes, greenbelt hikes and early morning walks. Discovery programs include garden tours with our Director of Flora and Fauna, cooking classes where our chefs share the secrets of our healthy and delicious cuisine, plus dream wisdom, journaling and astronomy. Throughout the year, Lake Austin Spa Resort also features nationally recognized guest speakers on topics such as health and happiness, popular literature, stress management and more.

Personal Instruction

We also offer one-on-one instruction, guidance and encouragement through personal instruction sessions and personal consultations. Options include water sports such as Stand-Up Paddle Boarding, kayaking, sculling and swimming, fitness programs like weight training, Pilates and yoga, and lifestyle and nutrition consultations. For guests so inclined, golf, tennis and fishing may also be arranged.





Enjoy healthy
fare with
a gourmet
twist.



We've long been renowned for our delicious and healthy spa cuisine, created by Lake Austin Spa Resort's Executive Chef. Our garden provides fresh ingredients such as herbs and vegetables that are added to the daily menu. If you're in the mood for wine with dinner, we have a highly-acclaimed wine list list, each hand-selected to pair well with your meal.

With our Executive Chef at the helm, we ensure you'll come away from the table feeling delighted.

The pleasures of mealtime not only come from our excellent fare, but from your surroundings. Be it a relaxing dinner in our dining room, a glass of Chardonnay with your best girlfriends on our patio overlooking Lake Austin or lunch with



your daughter at the Aster Café, you'll find each meal seems to turn into an anticipated event. And if you just feel like staying in, room service is also available.

The Culinary Experience™

Whether you are a certified foodie, a novice eager to learn or somewhere in the middle, The Culinary Experience™ is a great opportunity for you to

experience all things culinary with award-winning chefs and other experts. Our unique and laid-back environment makes it easy to learn new culinary tips and skills from the very best. The Culinary Experience™ is offered the second full week of every month.



Where
luxury meets
the comfort
of home.





Vine-covered trellises and cozy private porches with comfortable lounge chairs mark the entry to most of Lake Austin Spa Resort's 40 guestrooms, inviting you to stop and enjoy the lake and garden views.

Step inside, and you'll discover an intimate space where your rejuvenation can begin. Our casually elegant guestrooms, each carefully designed by our owner, were created to encourage rest and relaxation. Each room is finished to perfection with a light touch and meticulous attention to detail.

Photos shown of Luxury Garden View rooms.



A close-up photograph of a person's hand resting on the edge of a spa. The background is a wall of large, textured, light-colored stone tiles. The spa's edge is finished with a row of small, square, green mosaic tiles. The water in the spa is clear and reflects the light.

Meet the LakeHouse Spa.



The LakeHouse Spa, a luxurious highlight of the Lake Austin Spa Resort experience. Crafted of native Austin limestone, cedar and terra cotta, the LakeHouse Spa is a spectacular 25,000-square-foot facility—truly the most extraordinary spa in North America. Each room was appointed with care by our owner, with art, antiques and beautiful textiles gathered from around the world.



Spa Amenities

The LakeHouse Spa is also rich with amenities. Separate men's and women's locker rooms feature wonderful wet areas with whirlpool, sauna and steam rooms. Elegant lounges open onto private outdoor stonewalled gardens with treatment tents, Balinese water features, showers and a private sunning area. The Blue Room provides a relaxing waiting area for guests prior to their treatments complete with flavored

teas, water and healthy snacks. The Aster Café offers a lunch menu with delicious creations from our Executive Chef. Just steps from the Aster Café are two pools. An indoor, open-air Pool Barn, which houses a Junior Olympic-length heated lap pool, and the outdoor Palm Pool surrounded by billowing cabanas, the perfect place to read a good book and relax.



Make
yourself
at home.



One-of-a-Kind Treatments

At the LakeHouse Spa, you'll discover the wonders of our unique treatments and services—more than 100 on our menu—that help reduce stress, increase resilience and revitalize the body and mind. These customized therapies, created by our Spa Director, are drawn from and inspired by our serene natural setting and by the best of the world's ancient and modern therapeutic techniques.

Therapies include body treatments, massages, facials, traditional East Asian and specialty therapies, plus salon services, including hair, nails and makeup, at the full-service Iris Salon.







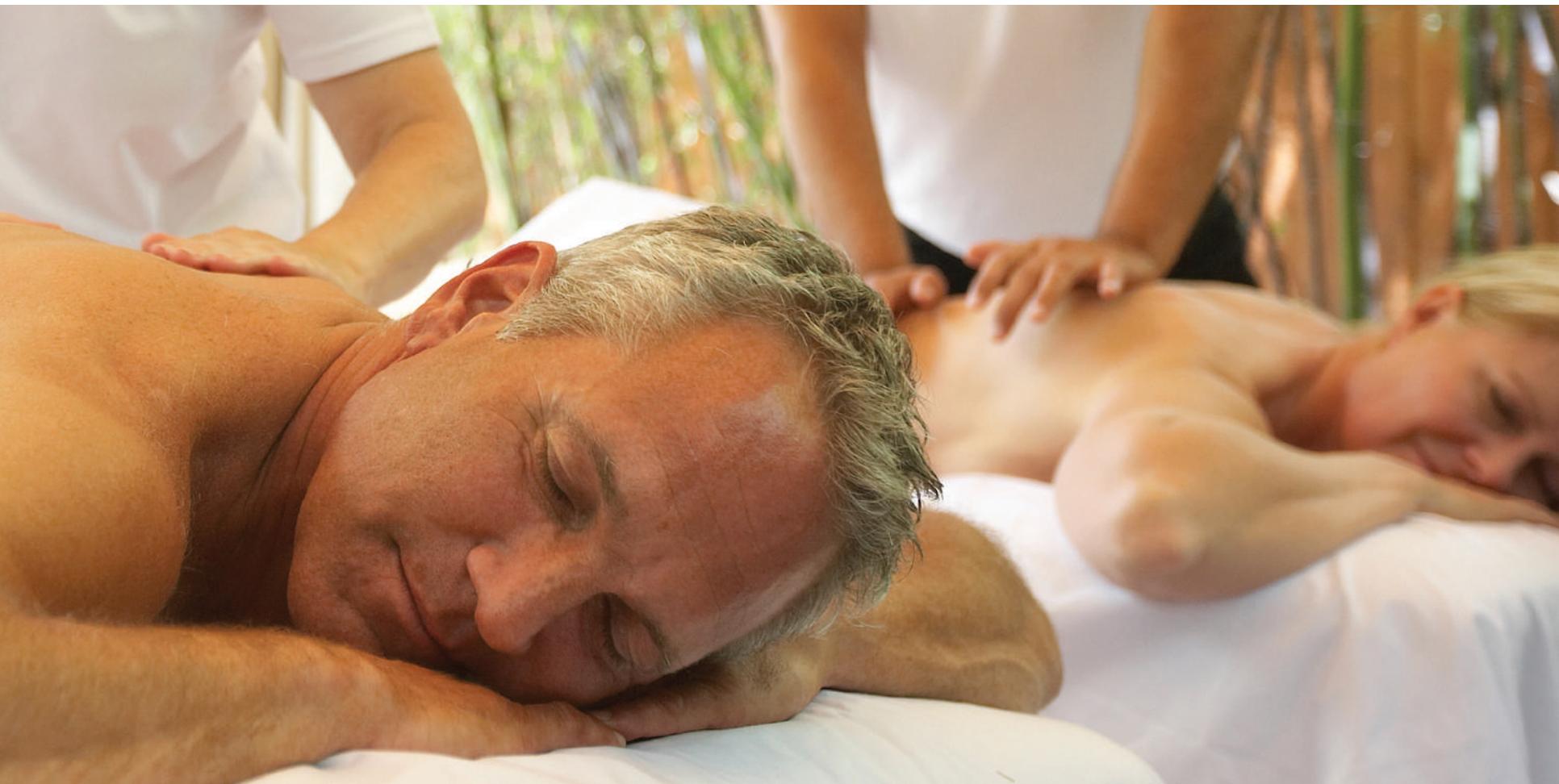
Feel free
to let go.



The Space

Our well-appointed indoor treatment rooms each feature a private in-room shower and state-of-the-art, five-channel music system. In addition, the LakeHouse Spa offers an array of treatment environments to enhance your spa experience. To share the experience of tandem massage treatments, choose our indoor suite or the Bamboo Room—our private outdoor

garden suite with an in-ground hot tub, outdoor shower and treatment tent. Our outdoor private treatment tents in both the women's and men's courtyards and the Treatment Porch, a screened veranda overlooking the tree-covered hillside, offer other unique opportunities for treatments in the presence of nature.





Create fond memories with friends and family.



Share the Lake Austin Spa Resort experience. With personalized touches and a casual atmosphere, Lake Austin Spa Resort offers the perfect environment to enjoy group gatherings with family, friends or colleagues. Bring your celebrations, book club, college friends, family members or business associates, and we'll help you create the ultimate group experience.



Don't just
take our
word for it.

When people leave Lake Austin Spa Resort they feel inspired—so much so that they feel the need to put it in writing. Here are just a few of our guest comments as well as mentions in top publications.

Checking in here is like arriving at a friend's luxuriously appointed country house, albeit one with a world-class spa and acres of gardens full of organic herbs that are used in the treatments.

—Lucky Magazine

With every swing of the hammock, my worries melt away.

—Stephanie D.

I've been coming to the resort for at least 10 years and each time, it has been absolute perfection. I'm not sure how it gets better and better every time, but it does.

—Shelly W.



My sisters and I were having a reunion and we absolutely had a fabulous time and vowed to make it an annual affair. The only thing we would change is to stay longer. Thank you for such a perfect stay.
—Candy W.

Just perfect! Need I say more?
—John S.

Exceptional is a great word to use for LASR...the food, the grounds, the spa. But what made my stay so special was your people. The exceptional personal service from your employees was just amazing. I have traveled the world and this has been the BEST vacation—ever!
—Lea Ann M.

Lake Austin Spa Resort exceeded all my expectations. The instructors, the spa personnel went the extra mile to meet all of my needs. My first time to visit but I will be back!
—Wanda M.

My daughters and I loved it. We plan to come for a week next year. What fun we had. It was just perfection.
—Linda E.

I wanted to rejuvenate, unwind, relax, get healthy and be pampered. ...it all happened on my first day. I've stayed in many five star hotels and resorts and Lake Austin Spa Resort is a flawless experience.
—Pat H.

From the minute I arrived, I felt like I was in the care of really close friends—people who really cared about me. The warmth and attention was so healing—I arrived so stressed out, I didn't really think I could unwind. By the end of my stay, I felt alive again.
—Sherri Z.

This luxe 40-room lakefront getaway feels like a sanctuary tucked in the woods, with all the appeal of a well-heeled relation's country retreat.
—PaperCity Magazine





We look
forward
to seeing
you soon.

lakeaustin.com

For Overnight Reservations, please call

1-800-847-5637 (US)

1-512-372-7360 (Local)

1-800-338-6651 (Canada)

1705 S. Quinlan Park Road
Austin, TX 78732

For LakeHouse Spa Reservations and
Gift Certificates, call

1-512-372-7380

12611 Riverbend Road
Austin, TX 78732



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Massage Establishment #ME3302