



LAKE AUSTIN
SPA RESORT

DINNER

Served 5:30pm – 9:00pm



Red Bird Farms' chicken is antibiotic free. It's raised cage free and without hormones or steroids. Red Bird Farms chicken is also gluten free. The chickens are healthy, safe, and clean.



Fava beans — or broad beans — are green legumes that come in pods. They have a slightly sweet, earthy flavor and are eaten by people all over the world. Fava beans are loaded with vitamins, minerals, fiber and protein. They're thought to offer impressive health effects, such as improved motor function and immunity.



It is the mission of 44 Farms to provide consumers with the very finest eating experience and provide relevant Angus genetics and innovation to cattle producers in assisting them to be the very best they choose to be.

“Treat yourself to the taste of Conscientious Cuisine. With this philosophy in mind, we are thoughtful and intentional in the selection of our ingredients to put flavor, balance and nutrition at the forefront of the palate. Whether grown in the area or from our very own organic gardens, our celebrated ingredients are sourced locally to gratify your appetite and appreciation for the Texas Hill Country.”

—Executive Chef
Stephane Beaucamp

FIRST COURSE

Carrot Panna Cotta

avocado - cucumber puree, wasabi tobiko, puffed buckwheat, pea tendrils, lemon, ginger
190 calories | 9g fat | 10g carb | 7g protein | gf | df

Beets & Seeds

macadamia ricotta, sous-vide beets, raw beets, dill, sunflower chia seed crisp
165 calories | 7g fat | 12g carb | 7g protein | gf | df | v

Watermelon & Heirloom Tomato

compressed watermelon, heirloom tomatoes, cucumber rings, Thai basil, chia seeds, sesame goma dressing
185 calories | 9g fat | 10g carb | 5g protein | gf | df | v

Greenmarket Berry Salad

mixed fresh salad greens, strawberries, sunflower seeds, dried blueberries, dried cherries, almond ricotta, blueberry - balsamic dressing
195 calories | 16g fat | 10g carb | 5g protein | gf | df | v

Vitamin Boost Salad

orange, grapefruit, radish, fennel, avocado, chives, parsley, dill, watercress, pistachio, honey Dijon dressing
170 calories | 13g fat | 10g carb | 5g protein | gf | df | v

MAIN COURSE

Red Bird Farm Chicken

sweet potato latkes, fava puree, pickled red onion, piri piri sauce
510 calories | 28g fat | 37g carb | 28g protein | gf | df

Back To The Roots

broccoli mash, sauteed kale, roasted vegetables, sprouts, walnut parmesan, carrot-miso dressing
355 calories | 22g fat | 35g carb | 14g protein | gf | df | v

Pan Seared Salmon

golden beet, baby carrot, asparagus, fava beans, radish, white poppy, chamomile, ginger, hazelnut
480 calories | 28g fat | 42g carb | 31g protein | gf | df

44 Farms Hanger Steak

asparagus, eryngii mushroom, baby carrot, umami sauce
515 calories | 30g fat | 32g carb | 35g protein | gf | df

SIDES

Roasted Cauliflower

harissa, cucumber, pomegranate, almond
80 calories | 12g fat | 15g carb | 5g protein | gf | df | v

Charred Broccolini

soffritto, lemon, garden herbs, parmesan
85 calories | 14g fat | 16g carb | 6g protein | gf

Roasted Heirloom Carrots

pistachio, goat cheese, saba
90 calories | 16g fat | 13g carb | 5g protein