



## Kickstart Juice

*Uncategorized*

**source** Lake Austin Spa Resort

### **INGREDIENTS**

**3** each cucumbers

**9** medium granny Smith Apple

**1/2** tbsp moringa powder

**1 1/2** lemon , washed well

**15** g ginger

**3/4** tbsp apple cider vinegar

**1/4** tsp cayenne

### **DIRECTIONS**

cut all vegs and herbs and powder, mix them together in a bowl and pass all through the juicer