MORE THAN 100 WAYS TO MAKE YOU FEEL GREAT

The LakeHouse Spa offers more than 100 treatments and services, all developed by our in-house experts. Inspired by our serene natural setting, our Spa Menu draws upon the best of the world’s ancient and modern therapeutic techniques to reduce your stress, increase your resilience and revitalize your body and mind.
FROM THE STAFF OF THE LAKEHOUSE SPA

The LakeHouse Spa’s tranquil landscape echoes our intention to provide a respite from hectic lives and busy schedules. Our guests’ health and well-being are our foremost concern. Utilizing principles of Eastern medicine, aromatherapy and energetic healing techniques, as well as traditional methods, we weave together a story in our treatments to address our guests holistically: mind, body and spirit. The LakeHouse Spa also takes into account the need for innovation and offers ways to “turn back the clock” with result-driven facials, both organic and cosmeceutical. By focusing on multi-faceted, authentic treatments, we strive to enhance health and well-being, and to provide a benefit that lasts well beyond your visit to the LakeHouse Spa.
Blending the casual Hill Country elegance we are known for with wonderfully innovative amenities, this 25,000-square-foot retreat is truly the most extraordinary spa in North America. We hope you enjoy your time here and leave feeling relaxed, refreshed and rejuvenated.

The LakeHouse Spa has many special features to explore and enjoy. Each room is exquisitely furnished with art, antiques and textiles. The 20 indoor treatment spaces, with private showers, soundproof walls and doors, and a state-of-the-art sound system, were designed with your comfort in mind. The magnificent Blue Room provides a cozy waiting area for guests, and tandem treatment suites, including the Bamboo Room – our private outdoor garden suite with an in-ground hot tub and outdoor shower – allow you to experience treatments with a friend or significant other. Our Treatment Cabanas and the Treatment Porch offer more unique opportunities for outdoor treatments.

There are two magnificent swimming pools at the LakeHouse Spa, including our Junior Olympic-length lap pool housed in a grand pool barn. Separate men’s and women’s wet areas feature whirlpools, saunas and steam rooms that look out onto private, stone-walled gardens. The Iris Salon, the LakeHouse Boutique and the Aster Café, where you’ll experience a taste of Lake Austin Spa Resort’s award-winning cuisine, will enhance your spa experience.

In addition to our grand facilities, we are excited to offer a completely refreshed menu of spa treatments and services – more than 100 in all – developed by our in-house experts. These customized treatments are drawn from and inspired by our serene natural setting and by the best of the world’s ancient and modern therapeutic techniques. Let us help you select the treatments that are right for you.

Again, we are honored to welcome you to our home. If there’s anything we can do to make your time with us more enjoyable, please let us know.

Michael W. McAdams
Owner

William W. Rucks, IV
Owner
Welcome to the LakeHouse Spa at Lake Austin Spa Resort. We look forward to helping you feel refreshed, less stressed and more balanced. Service offerings are divided as follows:

**Treatment Locations**
- Massage Therapy
- Body Treatments
- Eastern Influences
- Acupuncture
- Facials

**Facial Add-Ons**
- Oxygen Facials
- Men’s Treatments
- Nail Therapy
- Iris Salon Services
- Day Packages

The spa schedule fills quickly, so we recommend that you reserve appointments well in advance. Please call the LakeHouse Spa at 512-372-7380 to arrange your services a minimum of two weeks in advance. The LakeHouse Spa is open 365 days a year, with appointments available for scheduling between 9 a.m. and 9 p.m. Spa Coordinators are available to assist you Monday – Friday from 8 a.m. to 7 p.m. and Saturday – Sunday from 9 a.m. to 5 p.m.

Most of the body and skin care products we use in our treatments are available for purchase in our LakeHouse Boutique. We encourage you to ask your therapist for recommendations on products to continue your spa experience at home.
The LakeHouse Spa offers an array of treatment environments to enhance your spa experience. To share the experience of tandem spa treatments with a friend or significant other, choose our indoor suite or the Bamboo Room – a private outdoor garden suite with an in-ground hot tub, outdoor shower and Treatment Cabana for two. Our Treatment Porch, a screened veranda overlooking the tree-covered hillside, offers another unique opportunity for treatments in the presence of nature.
TREATMENT LOCATIONS

Upgrade your package – or an à la carte service – with any of the following:

**Bamboo Room – Outdoor Garden Suite**
A private place to gather with friends or a significant other. Enjoy an in-ground hot tub with waterfall, lush gardens and an outdoor Treatment Cabana for two, complete with a private outdoor shower. Our Bamboo Room can accommodate up to six guests. Cost is in addition to your package or à la carte treatments.

$50 per hour, with a two-hour minimum. Please note this option is available seasonally, weather/space permitting.
Indoor Suite
Enjoy a treatment with a friend or your significant other in this tandem treatment room, complete with private bathroom and oversized dual head shower.

Please inquire for details.

Outdoor Treatment Porch
If you would prefer to receive your treatments outdoors, ask about our luxurious Treatment Porch.

Please note this option is available seasonally, weather/space permitting.
MASSAGE THERAPY

Custom Comfort 🌸❤️
A massage as unique as you are. What are you truly looking for in your massage experience? Deep Tissue? Hot or cold packs? Detoxifying Moor mud along your spine? It’s your choice as you design, along with your therapist, your ideal massage. It’s the ultimate in customized massage. 50 minutes $175 / 80 minutes $230

Muscle Tension Melt ❤️
Bringing Thailand to Texas, herbal-steamed aromatic compresses are applied directly to your skin and massaged deep into your muscles. A combination of heat and pressure melts away your muscle tension. 80 minutes $230

LakeHouse River Rock Massage
Make your massage more deeply rewarding with warmed river rocks. You’ll feel their soothing energy seep into your body. Warmed lavender oils add to the exquisite experience. 70 minutes $225 / 100 minutes $285

Day Dreaming Massage 🌸❤️
Have the day’s stress massaged away with relaxing lavender chamomile oil. Luxuriate in lavender goodness with a loose body wrap, an herbal eye pillow and a soothing heat pack. Let go and daydream. 50 minutes $175 / 80 minutes $235

Denotes services available with Day Spa packages. Denotes services Couples Will Love.
Weekend Warrior Massage 🌟
Range of Motion and assisted stretching are added to your deep, full-body massage, which enhances athletic performance. Stretching in combination with massage allows your body to build more lean muscle mass. This massage is perfect for athletes, post-workout or someone needing a deeper massage to enhance mobility.

80 minutes $230

Best Foot Forward Massage ❤
Pamper your feet with this treatment that will not only leave your feet feeling great, but the focus on pressure points will target areas throughout your body. You will leave walking on clouds.

25 minutes $95 / 50 minutes $155

Two of a Kind! 🌟👣❤️
Swedish massage for two in our indoor couple’s suite. Enjoy your Swedish massage right alongside your daughter, mother, partner or friend. At the end, your feet will be wrapped in hot towels steeped in eucalyptus essential oil. Shared bliss!

50 minutes $155 per person / 80 minutes $210 per person

Denotes services available with Day Spa packages.
Denotes services suggested for Mothers-To-Be past the 1st trimester.
Denotes services Couples Will Love.
Mom-To-Be Massage 🌸🌼❤️
Gentle aromatherapy massage for mothers-to-be. Expect a great massage with your choice of super sensitive or renewing rose aromatherapy oils – excellent for cell regeneration, circulation and stretch mark prevention. Special pillows and bolsters make this a safe and soothing massage for mothers-to-be. Must be at least in their second trimester.

50 minutes $175 / 80 minutes $230

Aromatherapy Massage
Choose the aromatherapy essential oil that’s right for you. Options include “Relaxing”, “Balancing” and “Stress Relieving.” The essential oil you select will be used in a deeply relaxing Swedish Massage.

50 minutes $175 / 80 minutes $230

Beautiful Balance Head and Toes 🌸👣❤️
A relaxing scalp massage, foot scrub and foot massage. This treatment will bring you to a beautiful balance. First, you’ll enjoy a foot scrub, followed by a foot massage that uses acupressure on pressure points to send relief throughout your body. Then, enjoy a stress-relieving scalp massage with organic oils. A lavender dusting powder on your feet finishes a treatment that’s great for improved balance, circulation and relaxation.

50 minutes $175
Ultimate Swedish Massage 🌸🌿❤️
If you are new to massage or just looking to relax, this is the right treatment for you. Long, flowing massage strokes make this massage extremely soothing. Relax and unwind as the tensions of the day disappear.

50 minutes $155 / 80 minutes $210

Texas Starry Night ❤️
Finish your day with the perfect spa nightcap. After a lovely lavender chamomile oil massage, you’ll be wrapped to soak in the soothing benefits of lavender, with an herbal heat pack on your stomach and a comforting eye pillow. Peaceful bliss.

50 minutes $175 / 80 minutes $235

Denotes services available with Day Spa packages.
Denotes services suggested for Mothers-To-Be past the 1st trimester.
Denotes services Couples Will Love.
SPECIALTY TREATMENTS OF ENERGETIC INSPIRATION

Inner Strength Massage
This encouraging massage will help to uplift spirits for those who have experienced a personal trauma in life and are challenged by lack of energy, confidence or with the inability to see past their circumstance. This massage will treat specific areas of the body that assist in building physical and mental strength and provide the comfort to move forward in life.

80 minutes $230

Magnesium Massage
Magnesium is responsible for promoting healthy energy levels, sleep, muscle function and overall well-being. This nourishing treatment promotes detoxification and replenishes commonly deficient magnesium levels in the body.

50 minutes $175 / 80 minutes $230
Neroli Blossom Sensory Massage
Renew and refresh body, energy and spirit with this therapeutic treatment incorporating tension release, energy and breathing techniques with the uplifting essence of neroli.

50 minutes $175 / 80 minutes $230

Eucalyptus Uplift Massage
Breathe in the scent and experience the cleansing, clearing and decongesting benefits of the essential oil of eucalyptus. Relax into a full-body massage with an emphasis on light, detoxifying strokes followed by a warming wrap and scalp and face massage. Boost your natural immunity and keep your mind and body oxygenated and feeling alive.

80 minutes $225

Gifts and Graces Massage
Addressing the person as a “whole” by utilizing energy work alongside body work. This enables the therapist to address your body and mind during your session, bringing you back to center at the end of your treatment. Perfect for those with trouble sleeping, extreme stress, an overactive mind or even active cancer.

80 minutes $225

Align and Balance Treatment
Using energy work, your therapist will help clear and balance your chakras. Chakras are the seven energy centers of your body representing: feeling grounded, connection to others, confidence, heart/love, communication, ability to see the big picture and connection with the divine. This treatment will reset your mind, body and spirit thus helping you move forward from pain, grief, loss and general malaise.

50 minutes $165

Denotes services available with Day Spa packages.
Denotes services suggested for Mothers-To-Be past the 1st trimester.
BODY TREATMENTS - WRAPS

Lavender Dreams 🌸
Relax. Dreams of lavender fields kissed by the French sun envelop your senses as you drift on waves of blue. Breathe deep; inhale the calming and balancing benefits of wild lavender in this completely balancing and rejuvenating spa experience. To begin, earthly minerals are combined with lavender’s healing properties in an invigorating full body exfoliation. Following is a pampering back, neck and shoulder massage with lavender oil and warm healing stones. Next, nourish and relax inside a warm cocoon while a luxurious foot and pressure point scalp massage complete this head-to-toe service.

80 minutes $225

Denotes services available with Day Spa packages.
Ginger Renewal 🌿

Let ginger’s healing and warming properties invigorate and nourish in this renewing head-to-toe treatment. Earthly minerals are combined with ginger’s healing properties in an invigorating full body exfoliation. Following is a pampering back, neck and shoulder massage with ginger oil and warm healing stones. Next, nourish and relax inside a warm cocoon while a forehead, ear and pressure point scalp massage complete this vitalizing experience.

80 minutes $225
Vitamin C Renewal

Signature Treatment. This potent antioxidant and aromatherapy treatment is ideal for skin suffering from dehydration and environmental damage at any age. The mango and seaweed crystals polish the skin with highly effective vitamin C, Alpha Hydroxy Acid and natural exfoliating agents. After you shower, the papaya and guava soufflé wrap will help revitalize the skin while lightening and firming. During this wrap, you receive a head, neck and shoulder massage. To finish this treatment you will receive an application of mandarin oil, which will enhance the hydration properties and send you into a relaxed state of bliss.

80 minutes, application only [no massage] $240
110 minutes, with massage $350

Quench Body Wrap

This hydrating full-body quench wrap infuses the skin with warm organic shea butter for head-to-toe healing. The shea butter is brushed on the body prior to being wrapped. While you are cocooned, warm oil is drizzled onto your hair for a luxurious scalp massage.

50 minutes, application only [no massage] $170
80 minutes, with massage $230

Revitalizing Seaweed Detox Wrap

Feeling rundown and tired? Take advantage of the natural gifts of the sea. You’ll be wrapped in marine algae that is rich in minerals and nutrients. After you shower off, you will be massaged with a nourishing oil promoting overall health and well-being.

80 minutes $225

Denotes services available with Day Spa packages.
Tour of Texas

Signature Treatment. Take a trip deep into the heart of Texas-style rejuvenation. Your tour begins with an exfoliating scrub featuring prickly pear, a plant native to Texas and rich in skin-replenishing benefits. Next stop, an agave nectar wrap to moisturize, remineralize, nourish and soften your skin. While you are swathed in soft linens, we will massage your scalp. Then you will strike oil—soothing warm essential oils are blended together with massage cream during a Texas-size, 50-minute full-body massage. Welcome to a state of relaxation.

110 minutes $350

Best of the Southwest

This treatment draws on the magic of local mesquite and its natural anti-microbial and antioxidant properties. A mesquite sugar scrub featuring mesquite honey and jojoba oil gently polishes and refreshes your skin. After you shower off, your skin is soothed and protected with an application of honey and orange blossom body lotion. While you are swathed in a warm wrap, your hair and scalp will be treated with Desert Dew conditioning treatment and your feet will be soothed with ginger tea tree mango butter foot cream.

80 minutes $225
Lakeshore Fig Scrub
Inspired by our beautiful fig trees at Lake Austin Spa Resort, this rejuvenating treatment begins with an invigorating sugar scrub containing fig, aloe vera, jojoba and sunflower oil. After a shower in our beautiful private treatment room, we finish with a luxurious lotion of fig, chamomile, green tea and lavender. The lingering scent of sun-ripened fruit and woodsy aroma will leave you feeling blissful.

50 minutes, application only (no massage) $175
80 minutes, with massage $225

LakeHouse Lavender
*Signature Treatment.* Natural lavender combined with a sugar scrub to gently exfoliate, replenish and invigorate your skin. Warm lavender lotion is applied onto your skin, leaving you calm and your skin soft and supple.

50 minutes, application only (no massage) $175
80 minutes, with massage $225

Denotes services available with Day Spa packages.
Perfect Pomegranate Signature Treatment. The anti-aging properties of the pomegranate make this perfect for the sun gods and goddesses in all of us. After a pomegranate salt glow scrub and shower, you’ll indulge in a full-body massage with pomegranate body butter, shea butter and aloe, leaving your skin soft and supple.

80 minutes $225 / 110 minutes $330

Lime and Ginger Pick-Me-Up
This amazing ginger and lime salt soufflé will leave you feeling invigorated and refreshed. It’s a healthy combination: limes are known for being antibacterial, antiseptic, antispasmodic, calming and uplifting, while ginger stimulates digestion, increases circulation, strengthens the body against colds and flu and helps with nausea and rheumatoid arthritis. We finish this treatment with an uplifting lime and ginger body butter.

50 minutes, application only (no massage) $175
80 minutes, with massage $240

Invigorating Coffee Scrub
Coffee grounds exfoliate dead skin cells, preparing your skin to drink in a soothing, moisturizing blend of olive and hemp seed oil, shea butter and herbal extracts. Caffeine increases circulation, helping to reduce the appearance of cellulite. Refreshes tired muscles and provides protection from oxidation, sunlight and pollution.

50 minutes, application only (no massage) $175
80 minutes, with massage $240
EASTERN INFLUENCES

Energy Balance with Healing Sound
The orchestration of Tibetan singing bowls is used to promote sound and vibrational healing in this ancient healing ritual. Each treatment is non-invasive, unique and helps you feel energized and in balance.

50 minutes $155

From Sweden to Tibet and Back
East meets West in this inspired journey combining the soothing benefits of Swedish Massage and the energy balancing therapeutic sounds of the Tibetan singing bowls. The result: total integration of mind, body and spirit.

80 minutes $235

Elements of the Season Aromatherapy Massage
This aromatherapy massage utilizes customized essential oil infusions with warm herbal compresses, heated stones and a therapeutic massage to deliver the ultimate massage experience. With a quick assessment, you will find out your element; are you Fire, Earth, Wind, Metal or Wood? Then we use the infusion matching your personality type to perform a full-body massage.

50 minutes $175 / 80 minutes $225

Thai Massage
A gift of the yogis, this ancient art stimulates energy flow and lengthens sore, overworked muscles. Performed on a mat on the floor, you’ll be stretched and placed in yoga positions you could never achieve on your own! Comfortable, loose-fitting pants and top are essential for this exquisitely traditional experience.

70 minutes $235

Denotes services available with Day Spa packages.
Star of India

Your Ayurvedic journey begins with Shirodhara, an ancient Ayurvedic treatment whose name is derived from Sanskrit words meaning head and flow. Warm oil will be streamed over your forehead (the third eye) and gently massaged into your scalp and neck in the ways of the ancient healers. Finish with full-body Dosha Balancing massage utilizing oils specific to your type of constitution to promote health, balance and energy.

100 minutes $350
ACUPUNCTURE AND JAPANESE HEALING TREATMENTS

Gentle Acupuncture
Relieve your stress and alleviate your pain through the gentle and effective art of Japanese acupuncture. Our resident acupuncturist combines ancient and modern techniques to help you feel balanced and rejuvenated.

50 minutes $165
Hari – The Traditional Energy Work of Japan
A rejuvenating and relaxing experience from the ancient tradition of Japanese healing. In Japan, the highest ideal for a traditional acupuncturist is to treat the body without the insertion of needles. Instead, gentle pressure is applied to specific points on the body with a special 14K gold instrument called a teishin. The result is a completely pain-free experience that provides you a feeling of deep relaxation and well-being.

50 minutes $165

Manaka Tapping
For a unique way to relax and invigorate your body, this ancient and very gentle treatment is hard to beat. Your body’s acupoints are softly tapped with a wooden hammer and peg in a percussive stimulation technique that has won supporters for its marvelous restorative effects.

50 minutes $165

Tour of Asia
A customized combination of several East Asian therapies to relieve your pain and enhance your relaxation and well-being. The treatment includes acupuncture and/or hari (a needle-free, non-invasive option). Additionally the ancient techniques of moxibustion, cupping and tapping will be drawn upon in a treatment personalized just for you and your unique energies.

110 minutes $330
AQUATIC SPECIALTIES

Floating Meditation
This Floating Meditation & Relaxation technique will allow you to de-stress and relax. In the tranquility of the Pool Barn, you will be given a comfortable floating mat and listen to calming music as you drift through your meditation session. Please wear a bathing suit or other water-friendly clothing. *Sessions take place in the blue Pool Barn year-round.

50 minutes $155

Aqua Stretch™ | Myofascial Stretch
If you are experiencing muscular pain or a limited range of motion, myofascial release in the water may be the remedy for you! This groundbreaking technique, with clinically proven results, is a one-on-one assisted stretching session performed in the warm, shallow and soothing waters of the Pool Barn. Please wear a bathing suit or other water-friendly clothing. *Sessions take place in the blue Pool Barn year-round.

25 minutes $95 / 50 minutes $155
FACIALS – GENTLE YET EFFECTIVE

Please note that all facials are in order of gentle yet effective to results driven.

Your Personal Best Facial 🌟
The perfect classic facial. This European-style facial utilizes a gentle line of skincare products suitable for most skin types. This facial will leave your skin cleansed, exfoliated, nourished and glowing.

50 minutes $165

Radiant Results Organic Facial 🌟
Purifying facial with face, neck, shoulder, arm and hand massage. Based on traditional European deep cleansing techniques, this treatment begins with a stimulating lymphatic massage to help remove toxins from your tissues. Your face will be cleansed with sulfate-free cleansers, toned with bio-active floral waters and gently exfoliated to remove dull surface cells. Your face, neck and shoulders will be massaged with botanical serums, and you’ll be rehydrated with a masque chosen for your individual skin. Good for all skin types.

50 minutes $185

Denotes services available with Day Spa packages.
Denotes services suggested for Mothers-To-Be past the 1st trimester.
Mom-to-Be Organic Facial

*Signature Treatment.* This deeply-restorative, hydrating and calming treatment is designed for moms-to-be to improve sensitive, hormone-reactive skin. Featuring a gentle exfoliation, hydrating mask and regenerating cream, this will leave you with a lovely glow.

50 minutes $185

Age-Arresting Facial

*Signature Treatment.* An innovative anti-aging treatment utilizing medical-grade Proxylane to arrest and reverse sagging, wrinkling, creeping, crow’s feet and other signs of aging. This facial is formulated to rehabilitate mature skin and reverse the skin’s laxity and dryness. Blueberry extract promotes and protects healthy collagen. Leaves your skin visibly firmer and more radiant.

80 minutes $275

Platinum Lift Facial

*Signature Treatment.* A non-surgical face-lift that will instantly tighten and restructure key areas of concern. This facial achieves long-lasting results by combining the most advanced natural ingredients with the latest microcurrent technology to deliver active ingredients deeper into the skin. Surprisingly soothing, the microcurrent massage stimulates blood flow and firms your complexion, leaving healthy, radiant and younger-looking skin.

80 minutes $275

LakeHouse Signature Facial

A skin-repairing, fatigue-fighting facial. Long-distance travel, especially when it’s accompanied by a lack of fresh air and water, can leave your skin dull, lifeless and parched. In this treatment, Inca inchi and larch extract stimulate collagen formation to firm your skin, and rosehip seed and raspberry seed oil unleash their cell-renewing power. The treatment includes a scalp and foot rub, plus a foot masque and warm booties for your feet. Destination: rejuvenation!

80 minutes $275
Natural Face-Lift

Our regenerating and high-performance facial utilizes ultrasonic and microcurrent technologies while incorporating Plant Stem Cell Serum, which can replace damaged skin cells. An herbal enzyme peel, along with the serum, stimulates new skin growth and slows cellular aging. The treatment will deliver deep hydration, helping erase fine lines and wrinkles for visibly firmer, more toned skin.

50 minutes $190

“C” The Difference Anti-Aging Facial

Supercharge your skin and regenerate luminosity with potent vitamin C – nature’s most powerful – and proven – skin brightening agent. This high-performance skin treatment helps correct sun damage for firmer and brighter skin. Facial includes a professional Alpha Beta Peel.

50 minutes $190

Denotes services available with Day Spa packages.
RESULTS DRIVEN FACIALS

For those of us who are looking for a more transformative facial experience.

Luminous Skin Brightening Facial
This anti-aging treatment addresses uneven skin tone and the signs of aging, revealing your skin’s radiant brilliance while restoring its peak health and vitality. Ideal for skin that has been discolored by excessive sunlight, hormonal fluctuations or acne. Powerful antioxidants are infused into your skin, followed by a soothing hydrating masque with pigment-correcting boosters. The treatment also includes a peel and rejuvenating eye massage. For luminous, brilliant skin, it’s a bright idea!

50 minutes $190

Age-Defying Laser and Antioxidant Facial
Signature Treatment. This active facial blends technology and cosmeceutical grade products for a highly effective treatment. A deeply correcting treatment that uses a non-ablative fractionated laser, which enhances the penetration of the strongest antioxidant on the market. During this treatment, you will experience the very safe FDA-approved laser resurfacing following a deep-cleansing yet relaxing facial. You will notice your skin will be tighter and brighter along with an amazing glow. This is an incredible results-driven treatment that you cannot miss out on.

50 minutes $190 / Series of 6 $950 (savings of $190)
LakeHouse Revitalize and Replenish Facial
This two-part exfoliating facial treatment beats the signs of aging, sun spot, dehydration and texturized skin. The first part of your facial series will include a manual exfoliation accompanied by a medical grade dual action peel that revitalizes the skin and destructs the aging process. Part two in your facial series will include a relaxing and replenishing facial to meet all of your skincare needs and revitalize the skin back to its best health ever. We suggest having these facials on consecutive days, leave one day in between if you have sensitive skin.

2, 50-minute facials $330

Collagen Boost Brightening and Firming Facial
The ultimate anti-aging facial. Stimulates collagen production for firmer and smoother skin. Vitamin C brightens the complexion for increased radiance. This treatment includes a professional retinol peel to reduce hyperpigmentation along with a very luxurious cooling and warming masking experience that tightens and lifts.

80 minutes $275

Overnight Wrinkle Recovery Facial
Redefine beauty sleep by delivering clinical-dose ingredients to the skin at night when it needs it the most. This treatment will target the skin with protective and reparative nutrients at its most optimal time of repair. Facial includes a clinical-strength retinol peel.

50 minutes $190

Don’t forget to schedule your complimentary make-up refresher with any 50 or 80-minute facial service. By appointment only, space is limited.
FACIAL ADD-ONS

Personalized Power Peel Add-On
Add a professional strength peel to any existing facial or book as a stand-alone treatment.

Choose from:
Alpha Hydroxy Peel
Retinal Peel
Alpha Beta Peel

25 minutes $65

Brow Shaping
Brow Design and Tweezing
45 minutes $70

Brow Touch-Up Shaping and Tweezing
25 minutes $25

For Your Eyes Only Add-On
Make your eyes POP with a brow dye and lash dye. Dyed brows and lashes will brighten your eyes and give a more youthful frame to your face.

25 minutes $95

Lip Treatment Add-On
Reduce the fine lines around your lips with the antioxidant lip repair of silymarin and vitamin E. This lip repair treatment can be added to any facial.

$30
Tria Laser Treatment Add-On
Similar to micro-needling, this non-evasive laser therapy stimulates collagen production. This therapeutic laser enhancement can be added to most facials.

$40
OXYGEN FACIALS

LakeHouse Oxygen Facial
Take your facials to the next level. Results are not only instant, but continue to improve in the following days. After a gentle cleanse and exfoliation, choose one of the following serums to customize your experience:

**Rejuvenate Infusion**  Deeply hydrating, reduces appearance of fine lines and wrinkles, adds a visual lift to the face, leaves the face youthful and glowing.

50 minutes $165 / Series of 6 $825 (savings of $165)

**Opulence Infusion**  Super concentrated Vitamin C evens out uneven skin tone and reveals luminosity and radiance. Skin will be deeply hydrated, balanced and glowing.

50 minutes $165 / Series of 6 $825 (savings of $165)

Denotes services available with Day Spa packages.

Atoxelene Infusion Add-On
Designed specifically to refine the forehead, soften eye contour and immediately plump and smooth your lips. Natural enzymes significantly target expression lines and increase skin firmness. Skin instantly looks smoother and feels tighter and firmer. This specialty add-on is ONLY in conjunction with an Oxygen Facial.

15 minutes $50

The ULTIMATE Oxygen Facial
This treatment is the ultimate in skin rejuvenation featuring instant visible results. The Rejuvenate Infusion and Atoxelene Infusion work together to significantly reduce the appearance of fine lines and wrinkles while tightening and firming for more defined facial contour. Special care is taken to smooth, open and refine the eye contour area while the lips are plumped and hydrated. Experience visible line smoothing and firming instantly!

50 minutes $190 / Series of 6 $950 (savings of $190)
MEN’S TREATMENTS

Classic Pedicure
Give your feet the attention they deserve. Our Classic pedicure experience includes a warm soak followed by an exfoliating scrub, callus removal and nail detailing. Then you are treated to an invigorating lower leg scrub and soothing massage that leaves you feeling relaxed and refreshed.

50 minutes $85

MANicure
A man’s manicure, with attention to the distinct needs of men’s hands. Includes nail buffing.

25 minutes $45

Men’s Fitness Facial
A nourishing facial formulated specifically for men. We analyze your skin and then use customized men’s facial care products to cleanse, exfoliate, hydrate and tone. This facial has a more masculine approach using barber-style hot towel applications and includes a detailed neck, arm and shoulder massage. NOTE: please do NOT shave 4 hours prior to this treatment.

50 minutes $165

Weekend Warrior Massage
Range of Motion and assisted stretching are added to your deep, full-body massage, which enhances athletic performance. Stretching in combination with massage allows your body to build more lean muscle mass. This massage is perfect for athletes, post-workout or someone needing a deeper massage to enhance mobility.

80 minutes $230

Denotes services available with Day Spa packages.
NAIL THERAPY

Beautify your hands and feet at the LakeHouse Spa. Our nail salon, including our relaxing LakeHouse Pedicure Bar, overlooks a private garden. A private pedicure station is available upon request.

Classic Pedicure (50 minutes).....................................$80
Classic Manicure (50 minutes)....................................$65
Polish Change..............................................................$25
French Manicure........................................................an additional $10
French Pedicure........................................................an additional $10
French Polish Change...............................................$30

Elements of the Season Manicure & Pedicure 🌼
This aromatherapy nail treatment utilizes customized essential oil infusions with heated stones and a therapeutic massage to deliver the ultimate experience. With a quick assessment, you will find out your element; are you Fire, Earth, Wind, Metal or Wood? Then we use the infusion matching your personality type, to perform your personalized nail treatment.

Elements of the Season Manicure 50 minutes $70 / Elements of the Season Pedicure 50 minutes $85
Pomegranate Pedicure

Soothe your hands or feet with a combination of salts and pomegranate. Soak your feet in a swirling bath with the wonderful aroma of pomegranate. Then a scrub will rub away the rough spots leaving your skin feeling soft and silky. Finish with a hand or foot massage using pomegranate shea butter.

Pomegranate Pedicure 50 minutes $85

Denotes services available with Day Spa packages.
THE IRIS SALON

The Iris Salon offers an array of services designed to harmonize with your own personal elements of beauty.

**Cuts**
Designers ........................................................... from $85
Barbering cuts...................................................... from $45

**Color**
Root retouch ...................................................... from $55
One process color............................................. from $100
Partial highlights .............................................. from $120
Full highlights ................................................... from $150
Correction color............................................... from $155

All above service prices include blow dry and style.

**Styles**
Blow dry and style.................................................. from $55
Blow dry and style with curling or flat iron .............. from $65
Formal updo .......................................................... $110
Straightening ....................................................... priced upon consultation

**Hair Treatments**
Essential oil scalp treatment ................................ $45
Deep conditioning treatment ................................. $30

**Bridal**
Bridal consultation and pretrial ......................... please inquire
Bridal styling or updo .......................................... $125
LAKEHOUSE SPA DAY PACKAGES*

Over the Top for Two ❤️

Our top package for two, and a very special day at the LakeHouse Spa. You’ll be welcomed with relaxation time in our outdoor Bamboo Room with a private in-ground spa. Then you’ll each enjoy our Quench Body Wrap in your outdoor treatment tent, followed by lunch at the Aster Café. Afterward, you’ll each enjoy an 80-minute Ultimate Swedish Massage and a 25-minute Best Foot Forward Massage. Your indulgent day closes with time together in our private outdoor suite. Package includes spa lunch, spa gift for two and service charge.

$1,205

🌿 Denotes services suggested for Mothers-To-Be past the 1st trimester.
❤️ Denotes services Couples Will love.

*Packages are for Day Spa guests only. Treatments NOT denoted with 🌿 may be substituted in any package for an additional fee. Additional services may be added to any existing package.
LakeHouse Full Day Away
Choose any two of our rejuvenating 50-minute package spa treatments marked with this icon 🌸 and one indulgent 80-minute package spa treatment marked with this icon 🌸. Package includes spa lunch, spa gift and service charge.

$645

LakeHouse Half Day Away
Choose any two of our rejuvenating 50-minute package spa treatments marked with this icon 🌸. The package includes spa lunch, spa gift and service charge.

$430

Mother-To-Be Day Away 🌸
For the mother-to-be, this package delivers a 50-minute Mom-To-Be Massage, Classic Manicure and Pedicure, spa lunch, special spa gift for mom and service charge.

$430

Mother-Daughter Delight
Enjoy together-time with an 80-minute Aromatherapy Massage for each of you in a suite specially designed for the occasion. Enjoy a 50-minute Pedicure and Classic Manicure. Package includes spa lunch, spa gift and service charge.

$890
GENERAL INFORMATION

Appointments
We ask that you arrive at the spa reception desk a minimum of 30 minutes prior to your scheduled appointment time. Allow additional time if you plan to enjoy use of the sauna, steam, whirlpool and pool facilities. Late arrivals will not receive an extension of scheduled services. Reservations are required, and all spa services are subject to availability. You may schedule spa appointments by calling 512-372-7380.

Spa appointments will be guaranteed with a credit card.

Cancellation Policy
Please allow 24 hours notice of cancellation or change for day guests of the spa or 12 hours notice of cancellation or change for overnight guests of the resort to avoid a 100% treatment charge. Prices and services are subject to change without notice.

Facility Fee
For day guests receiving à la carte treatments on Friday and Saturday only, a $25 facility fee will be charged for use of the pool areas, locker rooms, spa robe, sandals, and sauna, steam and whirlpool. This fee is waived if purchasing $300 in services per individual. Please inquire when making reservations.

Service Charge
Overnight guests: All overnight packages with a Spa and Fitness Allowance include a 20% service charge. A 20% service charge will be added to all à la carte personal services. Service charge covers many aspects of your visit, including gratuities for personal services.

Day Spa guests: A service charge of 20% is included in all Day Spa Packages. A 20% service charge will be added to all à la carte personal services. Service charge covers many aspects of your visit, including gratuities for personal services.
Group Retreats
Experience the LakeHouse Spa with your family, friends or colleagues! Work with a dedicated Group Reservation Manager to design a custom day for your group of six to 30. A sample day for your group retreat might include a signature spa treatment, four-course gourmet lunch in our casually elegant SunRoom and a private boat cruise along Lake Austin. Great for a bridal shower, birthday celebration or corporate retreat. Call 512-372-7380 for more information on group packages.

Gift Certificates
The perfect gift solution! Gift certificates are available in any dollar amount or for spa packages. They can be purchased online at lakeaustin.com, over the phone at 512-372-7380 or in person at the LakeHouse Spa. Please note that gift certificates are non-refundable and non-transferable. Package gift certificates expire one year after the date of purchase and flat dollar gift certificates expire five years after the date of purchase.

Hours of Operation
7 Days a Week
Spa: 8:30 a.m. – 10 p.m.
Aster Café: 11 a.m. – 6 p.m.
Sauna, Steam, Whirlpool: 8:30 a.m. – 10 p.m.
The Palm Pool: 8:30 a.m. – 10 p.m.
LakeHouse Boutique: 9 a.m. – 9 p.m.

Hours may change based on seasonality.
Spa Cuisine
Enjoy the cuisine in the Aster Café, open daily from 11 a.m. to 6 p.m. Lunch is served between 11 a.m. – 3 p.m. and snacks and alcoholic beverages are served until 6 p.m. daily. Choose from a variety of healthy entrees created by our Executive Chef. All packages include lunch. For a la carte treatments, lunch may be purchased separately.

Special Considerations
In order to provide a relaxing spa experience, we do not permit cell phones or smoking anywhere in the LakeHouse Spa. Guests must be at least 14 years old, and guests under 18 must be accompanied by an adult.

We offer wine and champagne by the glass with a limit of two glasses per person for your health and safety. Wine and champagne are only permitted in the Aster Café. Outside food and alcohol are not permitted at the LakeHouse Spa.

Your Spa Experience
Please be sure to inform your service provider if you are pregnant, have high blood pressure, heart ailments or any condition that may counteract with heat therapies, massage or skin care. For your safety and well-being, we highly discourage alcohol consumption prior to, during or immediately following spa therapies. Shaving prior to and after exfoliation treatments is discouraged. Some treatments may not be performed on sunburned skin. While you are welcome to request a male or female therapist, all of our licensed therapists utilize proper draping techniques to accommodate your needs. Communication with your therapist about your treatment is essential to help personalize your spa experience.

Enjoy your experience at the LakeHouse Spa! For more information, call 512-372-7380 or visit lakeaustin.com
For Overnight Reservations, please call
1-800-847-5637 (US) / 1-512-372-7360 (local) / 1-800-338-6651 (Canada) / 1705 S. Quinlan Park Road, Austin, TX 78732

For LakeHouse Spa Reservations and Gift Certificates, call
1-512-372-7380 / 1261 1 Riverbend Road, Austin, TX 78732